



The Benefits of Ubiquinol

Supporting Wellness Cell By Cell

Ubiquinol, the active antioxidant form of coenzyme Q10 (CoQ10), plays a significant role in the production of cellular energy, supporting mitochondrial function and cellular health. Through its antioxidant mechanism, it protects against oxidative stress, supporting overall health, cardiovascular wellness, healthy aging, preconception health, and menopausal health.

However, ubiquinol levels taper off with age and as a result of cumulative environmental stress. At the same time, the increase of free radicals associated with aging can contribute to oxidative stress, which may impact mitochondrial and cellular function, leading to common conditions associated with aging.

The Benefits of Kaneka Ubiquinol® Supplementation

Supplementing with ubiquinol can replenish the body's ubiquinol levels, providing powerful antioxidant protection at the cellular level.

2x

Kaneka Ubiquinol® has been shown to be 2x better absorbed than conventional CoQ10.¹

8X

In a clinical study, healthy adults taking 200 mg of Kaneka Ubiquinol® daily for at least 30 days **increased their blood ubiquinol levels by approximately 8x** compared to baseline levels.²

0%

Ubiquinol requires no conversion in the body to perform its antioxidant functions, making it readily available to provide protection at the cellular level.³

Supports Cardiovascular Wellness by:

Protecting LDL cholesterol from oxidation^{4,5}

Enhancing nitric oxide (NO) production⁶

Promoting proper vasodilation and circulation⁷

Supporting the high-energy requirements of the heart⁸



Promotes Healthy Aging

By helping maintain a healthy CoQ10 balance,⁴ which is essential for:



Cardiovascular health⁴



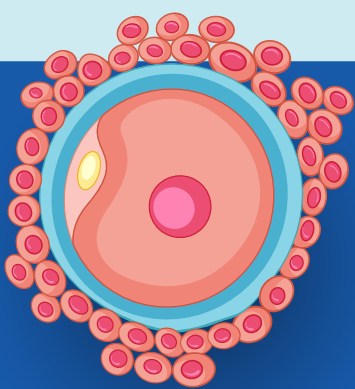
Muscle health in older adults⁷



Physical functioning in older adults^{7,8}



General health and well-being during and after menopause^{9,10}

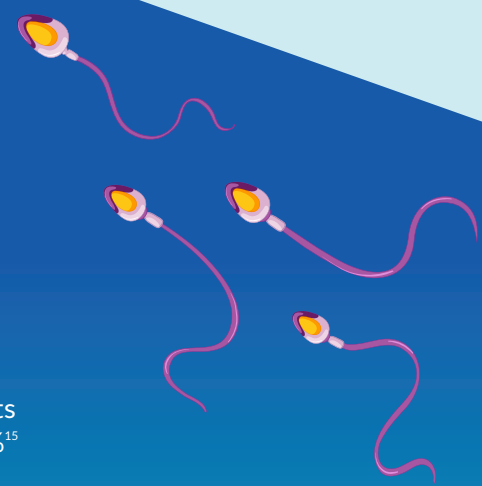


Promotes female preconception health by supporting:

- ➕ Mitochondrial function essential for egg and oocyte health¹¹
- ➕ Mitochondrial synthesis of energy vital for egg and oocyte health¹¹
- ➕ Cellular energy requirements for healthy egg and oocyte function¹²
- ➕ Mitigation of excess ROS, protecting reproductive cells from oxidative stress¹³

Supports male preconception health

- ➕ In an open-label study, sperm motility improved by up to 26%¹⁴
- ➕ In an open-label study, sperm counts increased by up to 53%¹⁴
- ➕ Research also shows improvements in sperm morphology by up to 19%¹⁵



The Kaneka Ubiquinol® Advantage

50

50 years of ubiquinone and ubiquinol research and testing

85+

Backed by 85+ published human clinical studies using Kaneka Ubiquinol®

17+

17+ years of positive consumer experience with Kaneka Ubiquinol® supplementation



Free of impurities commonly found in synthetic CoQ10



Bioidentical to the ubiquinol naturally produced in the human body



Made in the USA

[Read the White Paper](#)

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These statements have not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure, or prevent any disease.

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